

	Gymnasium	Exercise Room	Fitness Room	Activities Room	Pool
7:00A-8:00A		7:10 AM-8:00 AM TMC (all levels) (D)			7:00 AM-9:00 AM Lane Swim (D)
8:00A-9:00A	8:10 AM-9:00 AM Boot Camp (I/II/III) (D)				
9:00A-10:00A					CLOSED
10:00A-11:00A					
11:00A-12:00P					
12:00P-1:00P	12:10 PM- 1:00 PM Flexibility Fusion (I/II/III) (D)				11:00 AM-2:00 PM Lane Swim (D)
1:00P-2:00P	1:00 PM-3:00 PM Drop-In Basketball (D)	1:10 PM-2:00 PM Core Plus Pilates (III) (D)			
2:00P-3:00P					2:10 PM-3:00 PM Aqua-Fit (all levels) (D)
3:00P-4:00P					4:00 PM-10:30 PM Lane Swim (D)
4:00P-5:00P					
5:00P-6:00P	4:30 PM-5:25 PM Dance Party (all levels) (D)				
	5:30 PM-6:25 PM Step Beyond (I-II) (D)				
6:00P-7:00P					
7:00P-8:00P	7:00 PM-7:55 PM Yongle's Basketball (P)			7:00 PM-7:55 PM Historical Fencing Club (P)	
8:00P-9:00P	8:00 PM-8:55 PM Wuyang's Basketball (P)	8:00 PM-9:55 PM Naginata (P)		8:00 PM-8:55 PM UofT Grappling Club (P)	
9:00P-10:00P	9:00 PM-10:55 PM Liu's Dodgeball (P)				
10:00P-11:00P					

Range				
Squash Courts	Closed for Maintenance			

Legend	
(R)	Registered Classes
(P)	Private Booking
(D)	Drop-in Classes